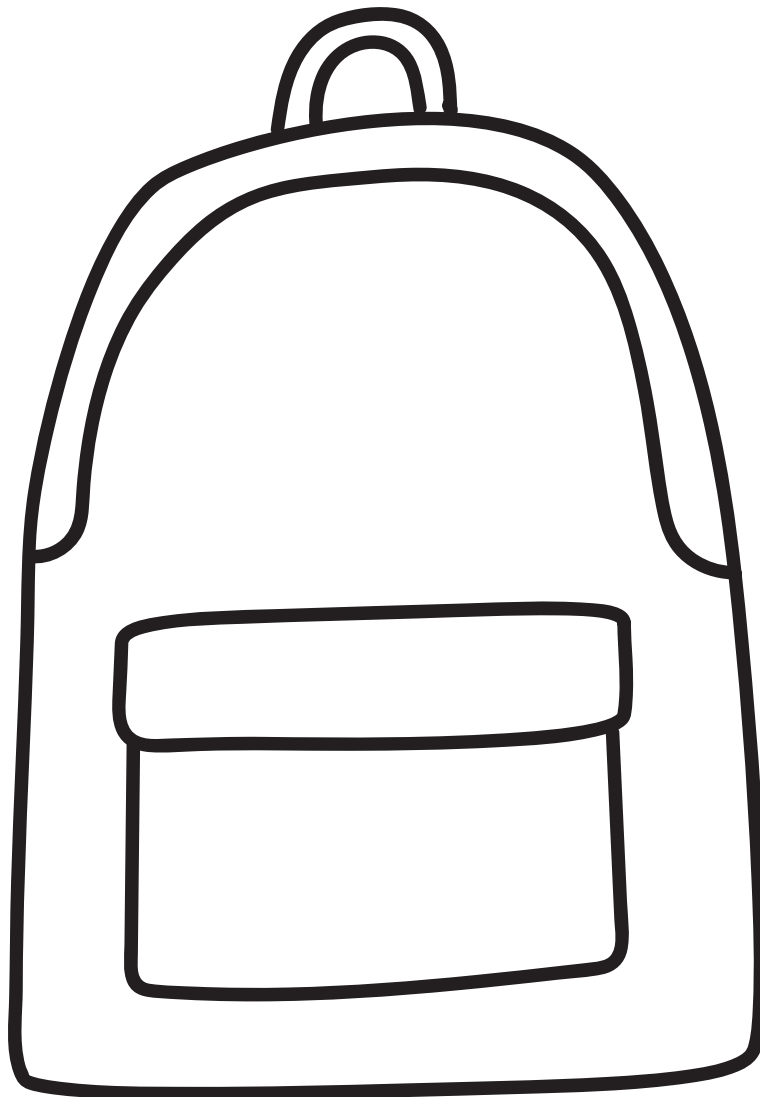


BACK TO SCHOOL

Hello! Have you met Iris the squirrel?

Last year, Iris had trouble seeing things clearly. Her mom took her to an eye doctor, and she got eyeglasses. Now she can see clearly, learn at school and play with her friends. It's the evening before the first day back at school, and Iris is excited to see her friends again.

Let's start by colouring Iris' school bag.
Feel free to decorate it however you like.



COLOUR THE BAG

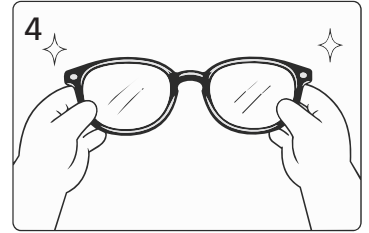
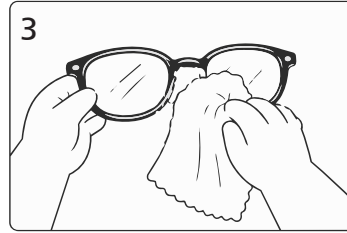
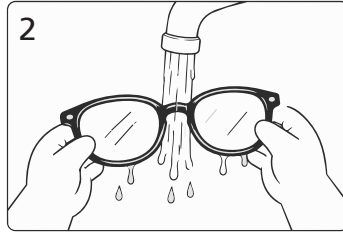
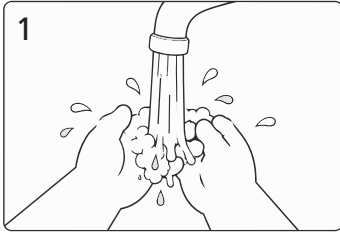
Fall 2026

 **YOUR EYES**

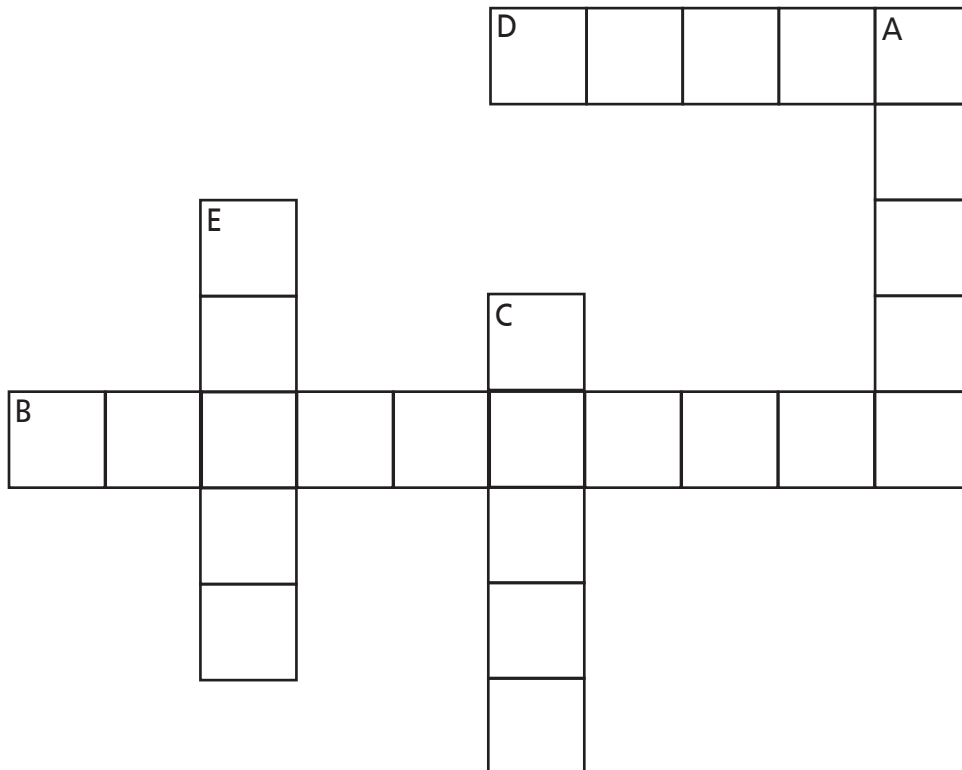
 **OPERATION
EYESIGHT
UNIVERSAL**

Since the Acorn Contest two months ago, Iris has made cleaning her eyeglasses part of her bedtime routine. She's in the bathroom, ready to clean her glasses. Do you remember the steps?

Refer to the images below and complete the crossword puzzle.



1. Wash and dry your _ (A) _
2. Rinse your _ _ _ (B) _ _ _ with _ _ (C) _ _
3. Wipe the eyeglasses with a cleaning _ _ (D) _ _
4. Check that the glasses are _ _ (E) _ _



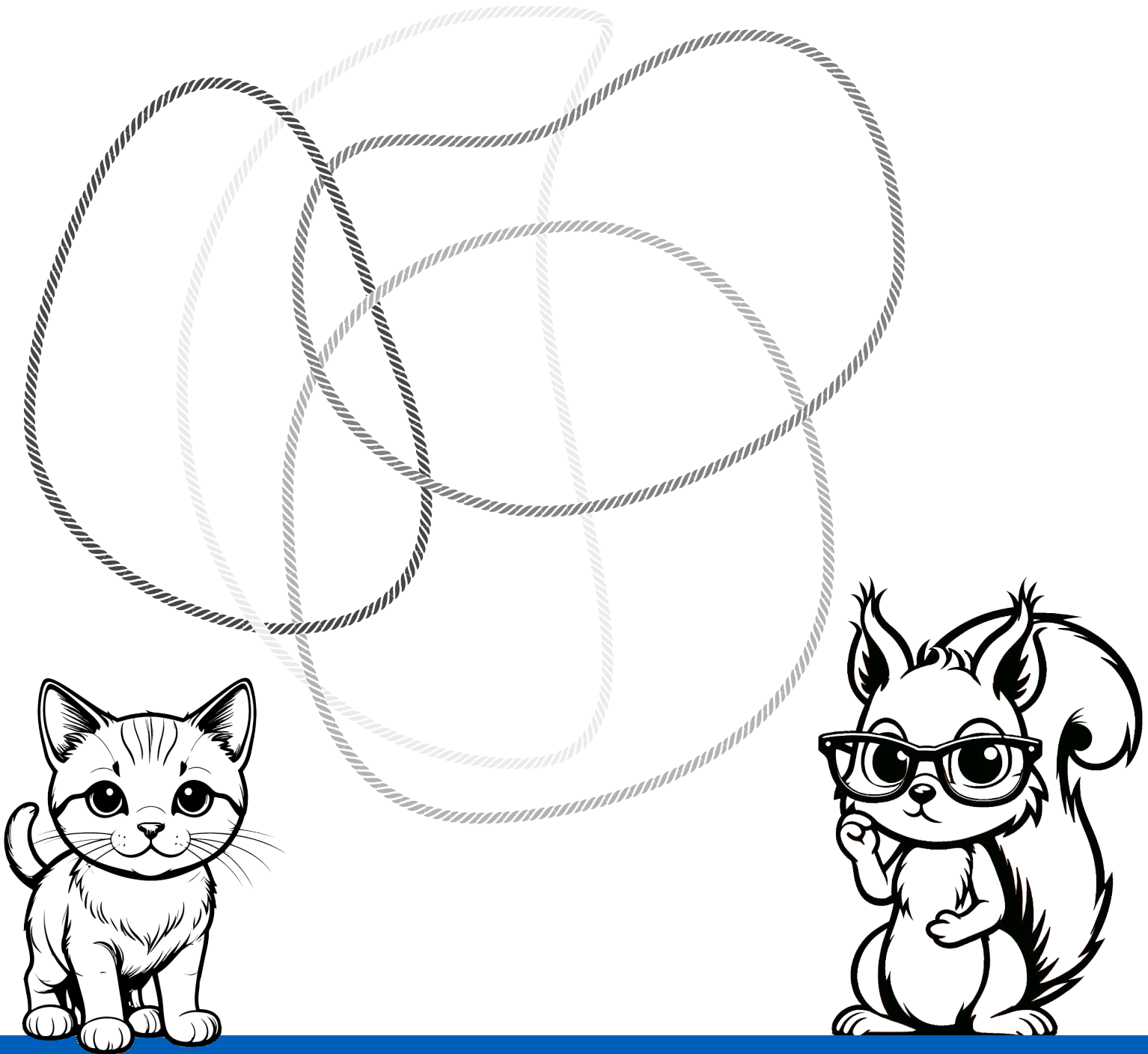
CROSSWORD

Did you know? Washing your hands often and gently cleaning around your eyes with a clean cloth can help protect your eyes and prevent infections.

The next morning, Iris is excited to see her friend Mittens!
The two friends tied for first place in the Acorn Contest.

Mittens brought Iris a cute label for her school bag. Iris wants to hang it on her bag, but, oh no, the bands are all tangled up.

There are four bands. If Iris cuts one, the other three will be free.
Can you figure out which band she should cut?



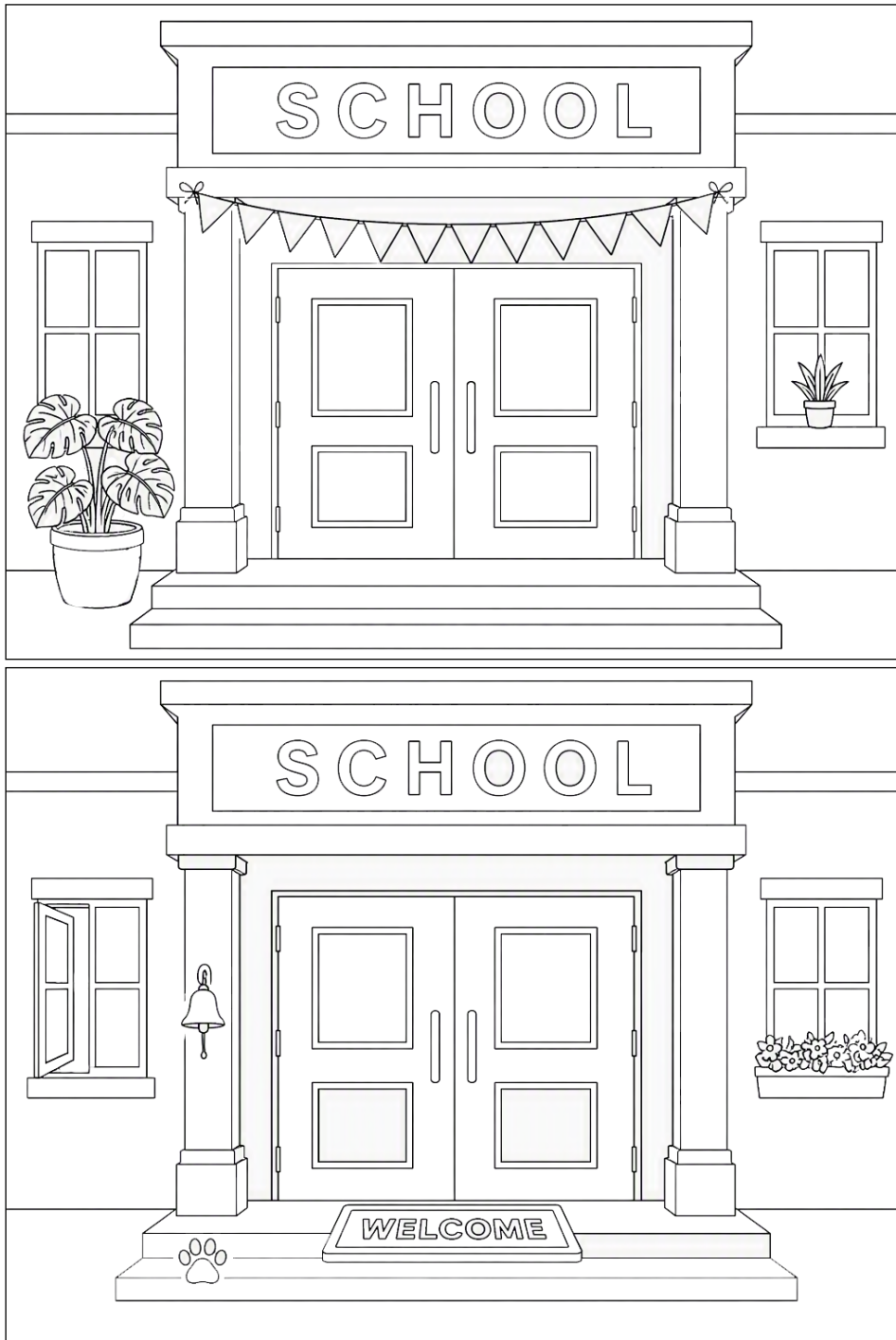
UNTIE THE ROPES

Did you know? Around the world, more than 450 million children have an eye condition that needs treatment. Many simply need an eye exam and a pair of eyeglasses to see clearly.

Source: International Agency for the Prevention of Blindness (IAPB), Vision Atlas: Child Eye Health

The school entrance looks quite different from the last day before summer break. Iris and Mittens are trying to figure out everything that's new.

Can you help them find the differences? There should be 7 clear differences.

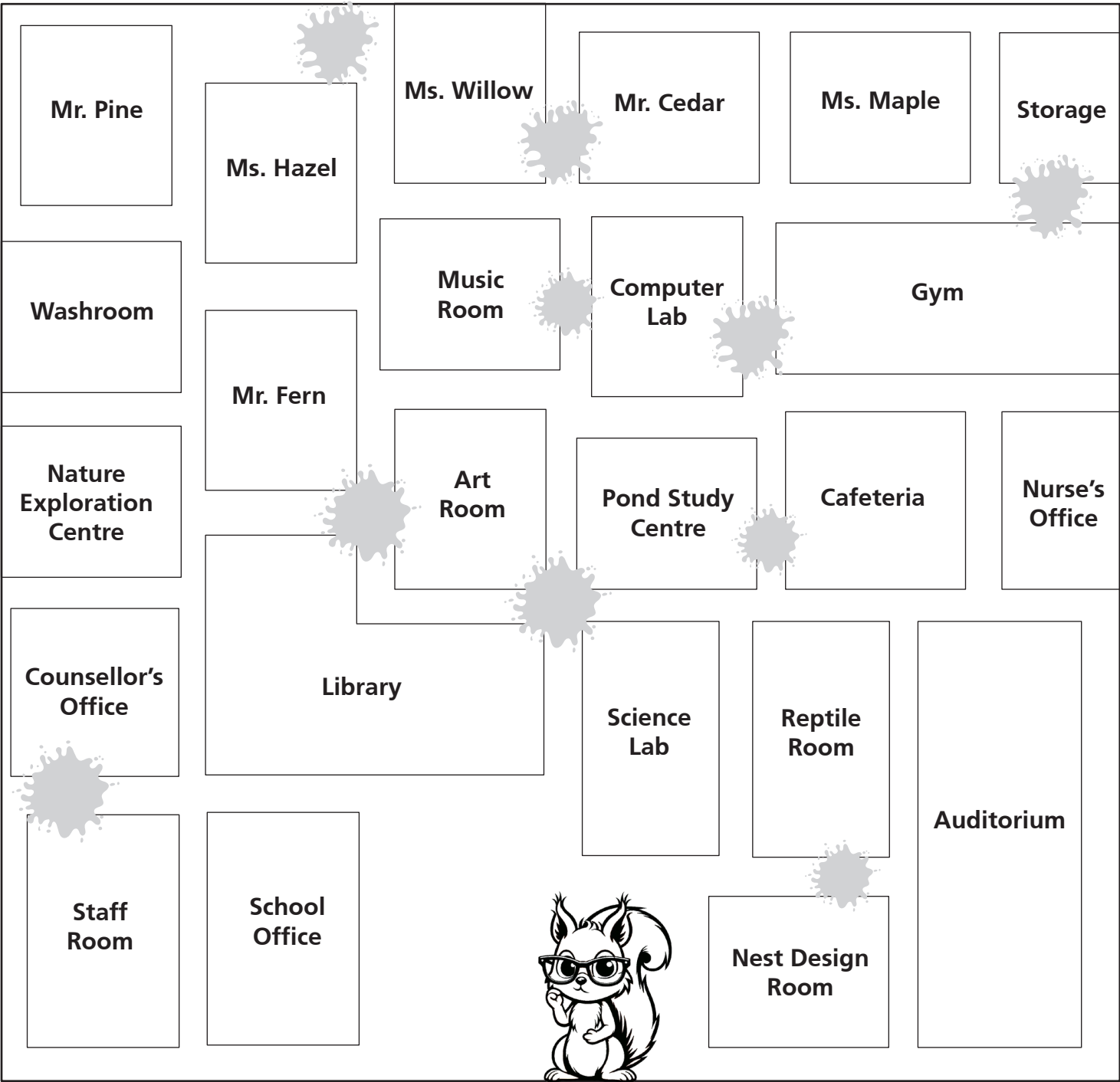


FIND THE DIFFERENCES

Did you know? Clear vision helps children succeed in school and participate fully in class. Research shows that providing eyeglasses to children who need them can boost learning by nearly half a year of schooling.

This year, Iris has a new teacher. Her first class is with Ms. Maple. Her classroom is behind the gym.

Some of the floor is wet from cleaning. Can you help Iris get to her classroom, avoiding the wet floors?



FIND THE WAY

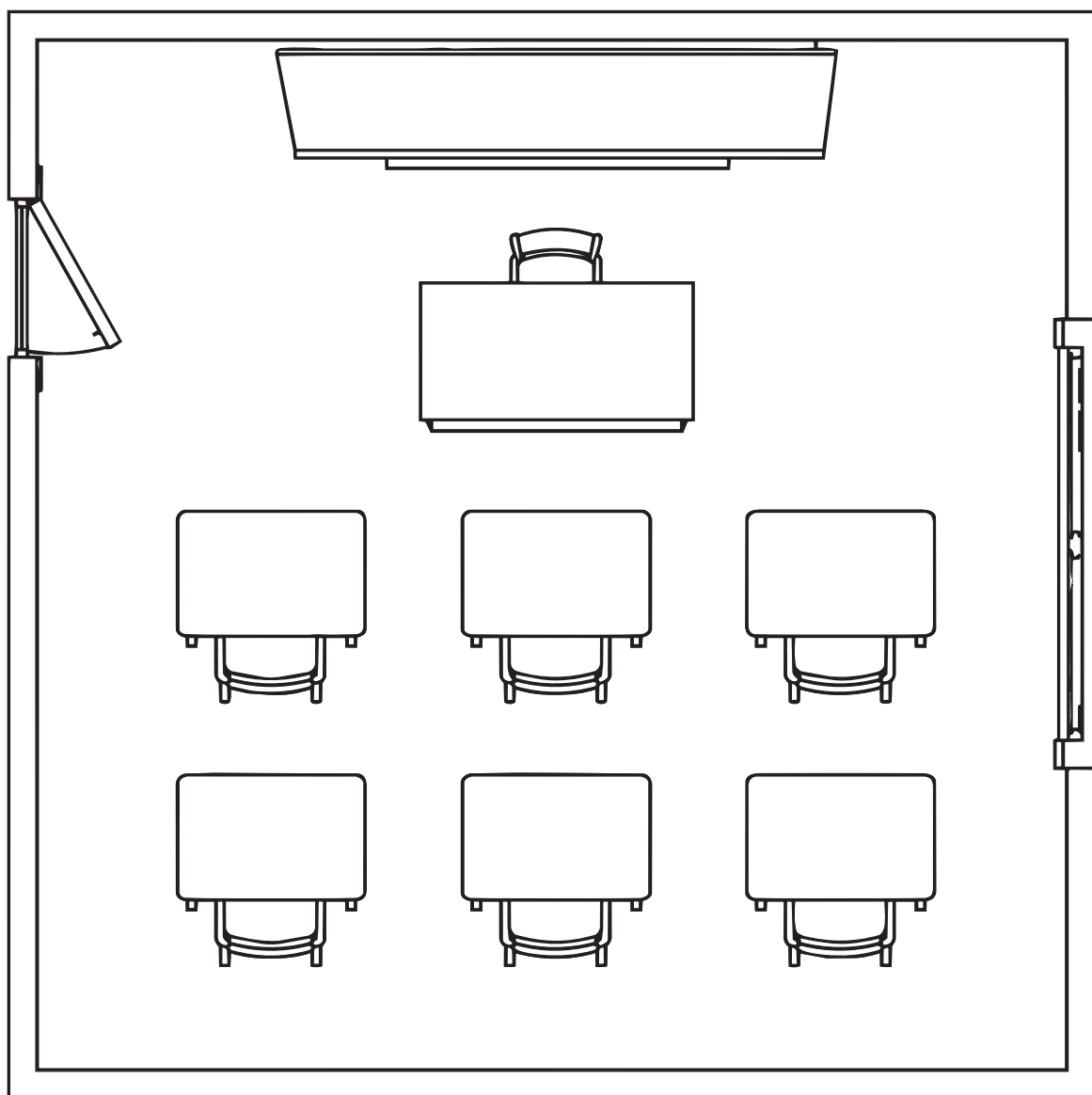
Did you know? A pair of eyeglasses can do more than help a child see clearly. When a child can see clearly, it reduces stress for their family and helps them fully participate in school and community life. A donation of just \$20 can help provide a child with a pair of eyeglasses. Learn more at operationeyesight.com

Ms. Maple has six students in her classroom.

Can you find Iris' seat? Use the clues below to figure out where Iris is sitting.

- The door to the classroom is on the left close to the board.
- There's a big window on the right.
- Bubbly sits right next to the window in the front.
- Behind Bubbly is Penny.
- There is one seat between Birch and Penny.
- In front of Birch is Iris.

Write Iris' name on her desk.



FIND IRIS' SEAT

Did you know? Seeing clearly helps children learn, read and take part in class. When children get the eye care they need, they can thrive at school, and their families can spend less time worrying and more time supporting their futures.

In class, Iris' teacher is talking about eye health. She has a picture of an eye on the board!

Iris is excited to learn about the different parts of the eye and what they do.

Can you help Iris match each part of the eye to what it does? Look in a mirror and find these parts in your eye.

EYEBROW helps keep sweat and rain away from your eyes.

EYELID closes to protect your eye and spreads tears when you blink.

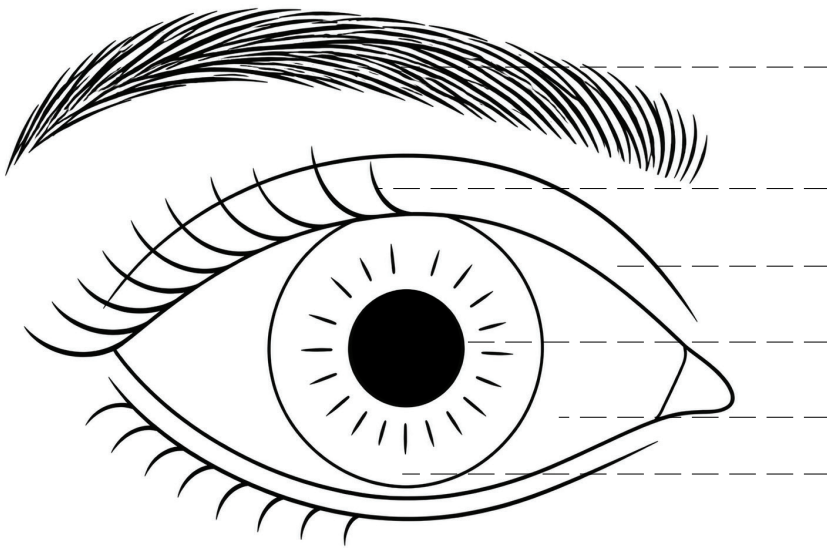
EYELASHES help keep dust and tiny particles away from your eyes.

IRIS is the coloured part of your eye. It can be blue, brown, green, hazel or another colour.

PUPIL is the black circle in the centre. It gets bigger in the dark and smaller in bright light.

The white part of your eye is called **SCLERA** and it protects the eyeball.

Using what you learned, write the name beside each part of the eye in the picture below.



LABEL THE EYE

Did you know? A gift of \$20 can help a child in Africa or South Asia get the eyeglasses they need. Learn how you can help.

Visit operationeyesight.com/how-you-can-help or scan the QR code



Next, the teacher has a word search for everyone.

Students are to look for eyesight-related words. Can you help Iris find them all?

V I S I O N E R T Y U I O P D
S D F U H J K L Z B X C V B O
M N B V N X Z A S L D F G H O
J K L Z X G H V B I N M Q W P
O P H T H A L M O L O G I S T
Q N R O L K T A U K J M N H O
A U E O O I R I S R E W Q E M
N T E A T M L K J S G F D Y E
B R C X Z E C O R N E A R E T
Y I H N B G C T E F L S C W R
U T J M H E A T T H E K I E I
B I O K I P U P I L A F W A S
W O Y U O L E C N O N D Q R T
R N H J K M Z V A J N U N T I
X F B L U R R Y S H G S A Y U

Word search

CORNEA

RETINA

PUPIL

IRIS

OPTOMETRIST

OPHTHALMOLOGIST

EYEWEAR

SUNGLASSES

NUTRITION

VISION

BLURRY

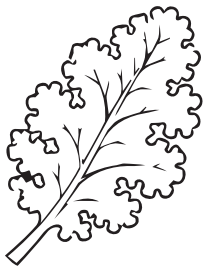
PROTECTION

WORD SEARCH

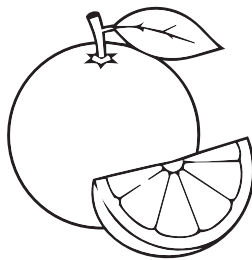
Did you know? In many places, children don't have regular access to eye health care. Our school eye health programs help make sure every student gets their eyes checked and receives help when they need it.

Ms. Maple has one last puzzle for all the students. On the board are a few images of food that are good for eye health. Can you write their names?

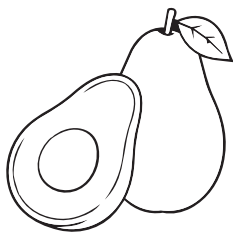
Spell the names of all the food shown below first.



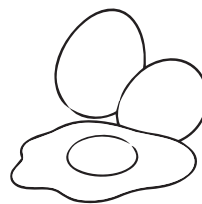
K _ _ _ _ _
1



_ _ _ N _ _
2 11



A _ _ C _ _ D
3 6



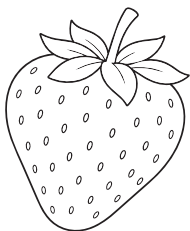
_ _ G _ _
9



Y _ _ G _ _ T _ _
5 7



_ _ _ _ _ _ T
8 12



_ _ _ _ W _ _ _ _
4 10

Now Iris has to take the letters from the boxes and place them in order.

1 2 3 4 5 6 7 8 9 10 11 12

CHOOSE THE CORRECT ANSWER

Did you know? Eating healthy food supports healthy eyes. Colourful fruits and vegetables like carrots, leafy greens and berries help keep your eyes strong.

MEET YABEBAL



Yabebal is a 13-year-old boy from Ethiopia. He is a bright, hardworking student who loves going to school.

But a cataract in his eye made it harder and harder for him to see. As his eyesight got worse, Yabebal had trouble reading and seeing what was written on the board. Some children at school teased him, which made him feel sad and lonely.

Yabebal worried about his future. He wanted help, but the surgery he needed cost more money than his family could afford.

Even so, he did not give up. He walked long distances to sell handmade chewing sticks and tried to save money for surgery. But his family needed the money for food, and it seemed like his dream of seeing clearly again might never come true.

Then everything changed.

During an eye screening at school, Yabebal's cataract was discovered. He was quickly referred for free surgery. The very next day, doctors restored his sight.

Help more children like Yabebal see clearly.

A gift of \$20 can help provide a child with the eyeglasses they need to learn, play and participate with confidence.

Donate today. Visit operationeyesight.com/donate or scan the QR code.



When the bell rings, it's time for recess! Iris runs outside and finds Mittens waiting by the playground.

"Want to play a game?" asks Mittens.

"Of course!" says Iris.

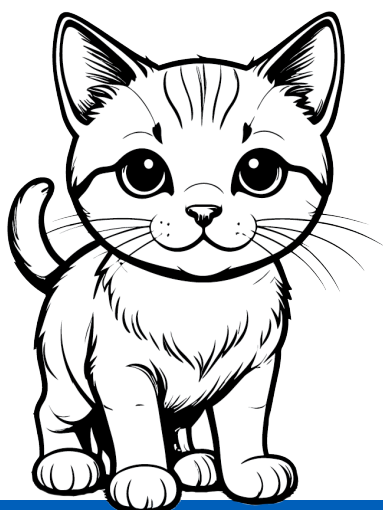
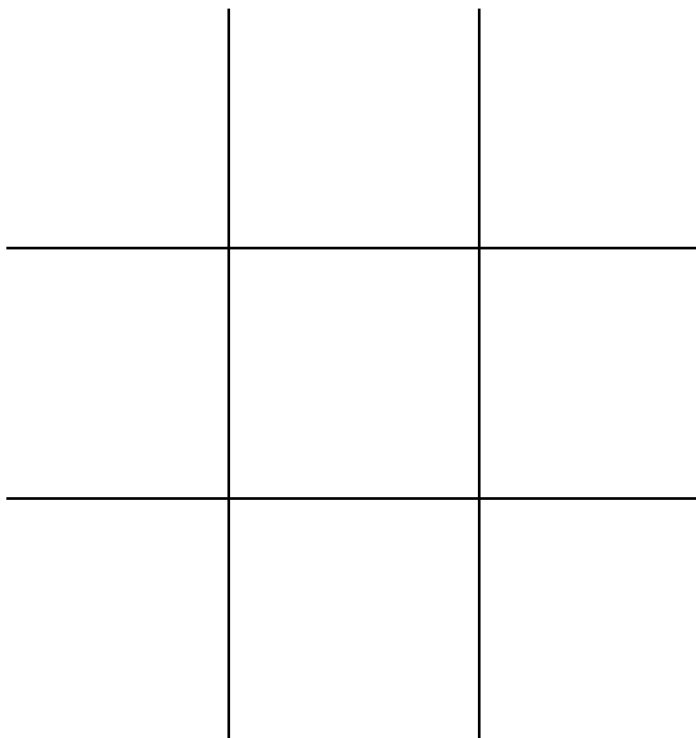
They decide to play Tic-Tac-Toe.

Iris is X and Mittens is O. Take turns putting your symbol in an empty square. The first player to get three in a row wins!

Can you play a game with a friend?

Iris: X

Mittens: O



TIC-TAC-TOE

Did you know? Our school eye health programs help students get their eyes checked. In 2025, Operation Eyesight helped to check the eyes of 229,362 children.

Answers:

CROSSWORD

(A) Hands, (B) Eyeglasses, (C) Water, (D) Cloth and (E) Clean

UNTIE THE ROPES

Cutting the darkest band (first from the left) will free all other bands

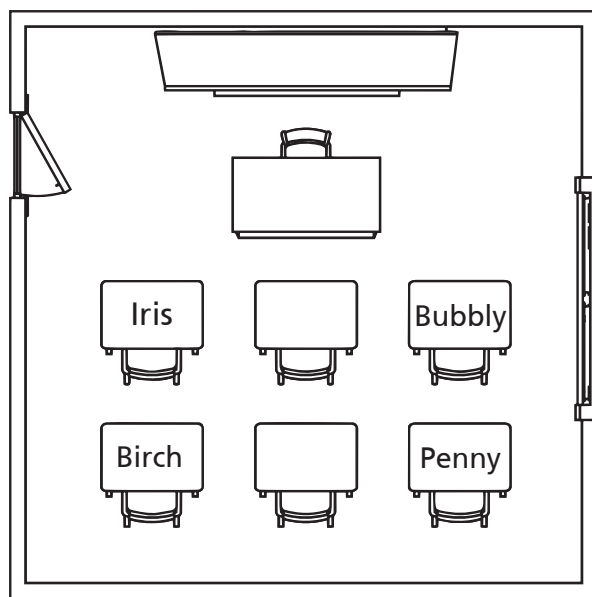
FIND THE DIFFERENCES

1. Plant below the left window is missing
2. Left window is open
3. There's a new bell on the pillar
4. There's a paw print on the steps
5. There's a welcome mat
6. The streamer above the door is missing
7. The plant on the right window is different

WORD SEARCH

V	I	S	I	O	N	E	R	T	Y	U	I	O	P	D
S	D	F	U	H	J	K	L	Z	B	X	C	V	B	O
M	N	B	V	N	X	Z	A	S	L	D	F	G	H	O
J	K	L	Z	X	G	H	V	B	I	N	M	Q	W	P
O	P	H	T	H	A	L	M	O	L	O	G	I	S	T
Q	N	R	O	L	K	T	A	U	K	J	M	N	H	O
A	U	E	O	O	I	R	I	S	R	E	W	Q	E	M
N	T	E	A	T	M	L	K	J	S	G	F	D	Y	E
B	R	C	X	Z	E	C	O	R	N	E	A	R	E	T
Y	I	H	N	B	G	C	T	E	F	L	S	C	W	R
U	T	J	M	H	E	A	T	T	H	E	K	I	E	I
B	I	O	K	I	P	U	P	I	L	A	F	W	A	S
W	O	Y	U	O	L	E	C	N	O	N	D	Q	R	T
R	N	H	J	K	M	Z	V	A	J	N	U	N	T	I
X	F	B	L	U	R	R	Y	S	H	G	S	A	Y	U

FIND IRIS' SEAT



CHOOSE THE CORRECT ANSWER

Kale, Orange, Avocado, Egg, Yogurt, Carrots, Strawberry; LOVE YOUR EYES

When one child sees clearly, their whole world changes.

Your support helps provide eye screenings, eyeglasses and sight-saving care for children and families around the world.

Donate today. Visit operationeyesight.com/donate or scan the QR code

