

HAPPY HOLIDAYS



Say hello to Sparkle, the snowman!

Sparkle loves to explore enchanted forests and collect shiny gems. His suit shimmers in the sunlight, and his laughter sounds like tinkling bells.

Would you like to **SEE** him?
Connect the numbers below!

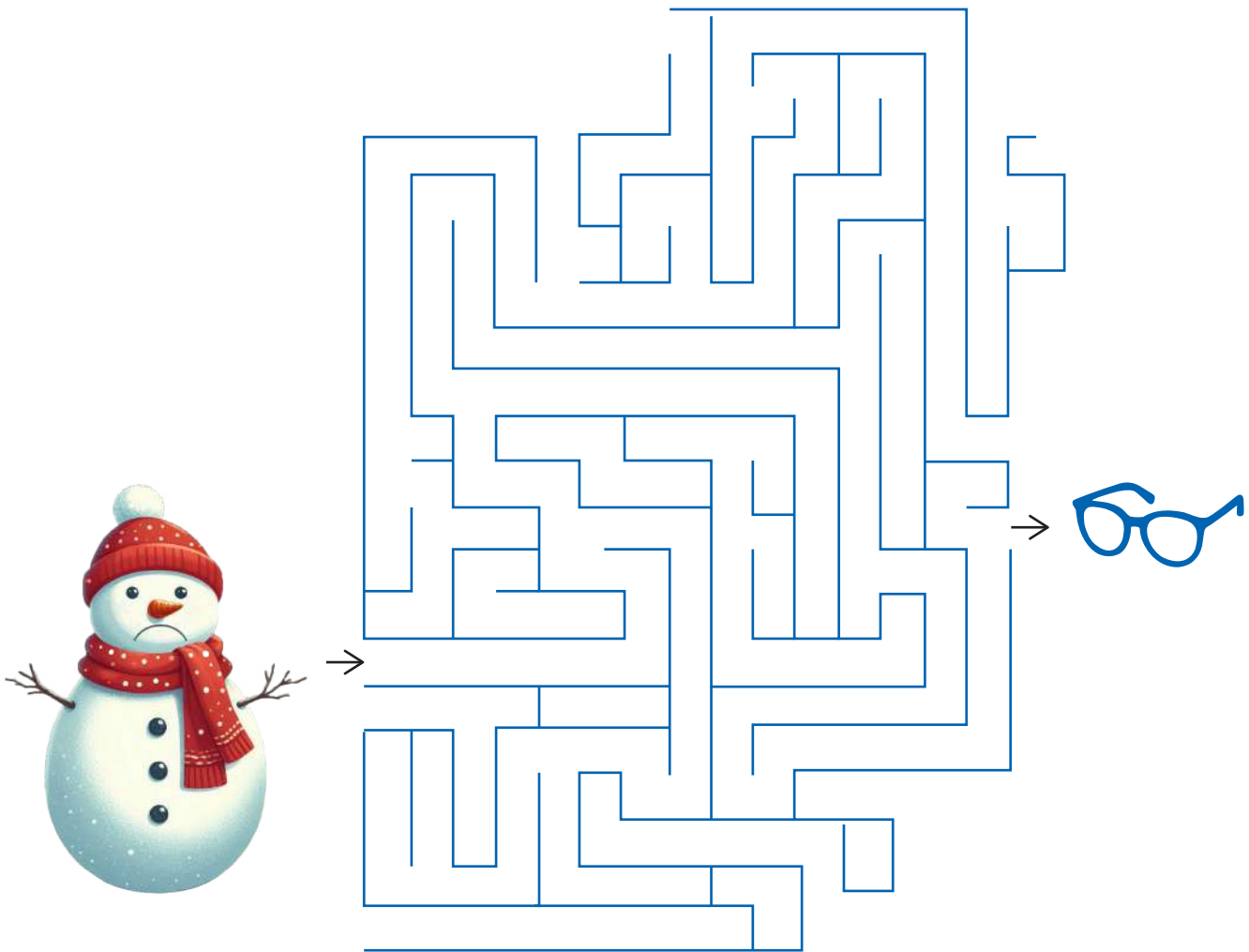


Sparkle was a happy snowman; he had a carrot nose and a neverending grin. But there was one tiny problem: Sparkle had lost his eyeglasses.

You see, Sparkle’s eyeglasses were as round as the moon and as delicate as frost. They sat on top of his carrot nose, allowing him to **SEE** at the snowflakes and watch the squirrels play tag. But one blustery night, a big gust of wind whisked them away, leaving Sparkle in a blurry world.

“Where are my glasses?” Sparkle cried, squinting at the snow-covered landscape. The trees looked like fuzzy green blobs, and the distant village looked like a smudge of lights. Even the snowflakes were blurry.

**Will you help Sparkle find his eyeglasses?
Follow the maze below.**



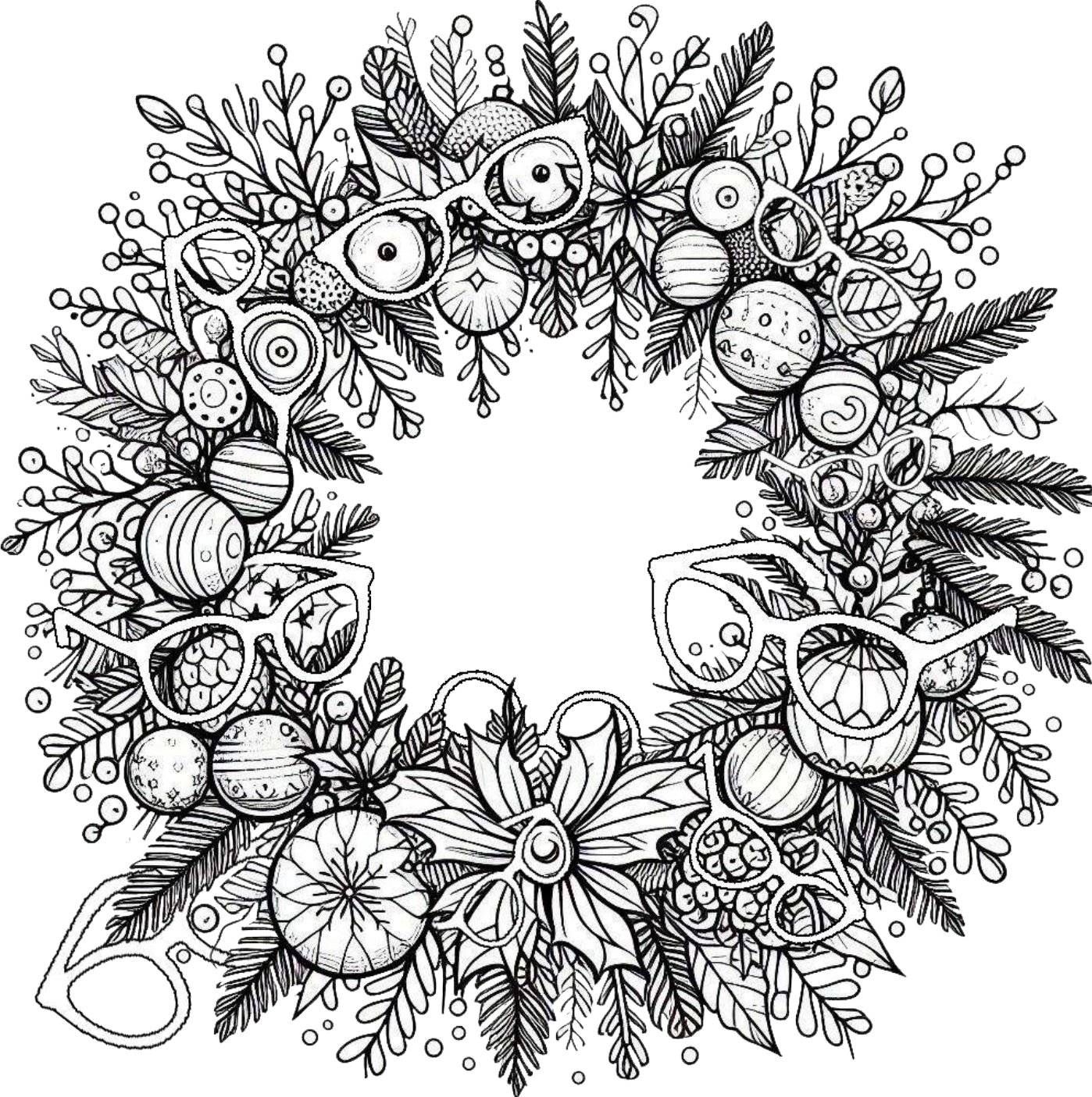
With his eyeglasses on, Sparkle can also read easily. Next to him on the ground, he can **SEE** some letters. Ah, it must have been the squirrels!

Sparkle adores the squirrels and their playful energy. They bring him so much happiness and sometimes a few acorns. It looks like today they made him a word search puzzle. **Will you help Sparkle LOOK for the words listed on the right??**

- SNOWMAN
- WINTER
- SCARF
- CARROT
- SNOWFLAKE
- MITTENS
- VILLAGE
- CHIMNEY
- SQUIRREL

S	N	O	W	M	A	N	X	Y	Z
C	A	R	R	O	T	A	U	S	C
H	U	I	M	I	T	T	E	N	S
I	R	T	Y	U	R	I	W	Q	G
M	S	N	O	W	F	L	A	K	E
N	C	P	O	S	U	I	P	E	U
E	A	S	W	I	N	T	E	R	T
Y	R	A	A	S	D	G	J	E	R
R	F	H	V	I	L	L	A	G	E
S	Q	U	I	R	R	E	L	H	A

The wreath below has 10 eyeglasses hidden in it.
Can you help Sparkle find them all? **Go ahead
and colour the wreath while you look for them.**





"Thank you for spending some time with me today, for solving the puzzles and especially for finding my eyeglasses. My eyeglasses help me see clearly, so I can look at the winter landscape and holiday decorations. They also protect me from the sun and snow glare, and I think they make me look even cooler. I am so happy I have my eyeglasses back!"

*As a thank you, here are five ways to take care of your eyes. **Unscramble the sentences below to learn what those are!**"*

1. outdoors day every Play

2. your and Wash water soap hands with warm

3. sunglasses Wear your

4. year Visit the every doctor eye

5. from breaks at Take screens looking

1. Play outdoors every day
2. Wash your hands with soap and warm water
3. Wear your sunglasses
4. Visit the eye doctor every year
5. Take breaks from looking at screens

Now you get to make your very own pair of eyeglasses! Ask a grownup to help you cut them out, and then colour and decorate them.

 Cut along the outline of the front frames and both arms (remember to cut out the eyeholes)

Crease and fold indication

Crease and fold indication

 Please recycle me



@opeyesight

REMEMBER TO CUT OUT THE EYEHOLES

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On the next page, you can create your own holiday greeting card. Add a special message, fold it up and give it to someone you love.

Happy Holidays!

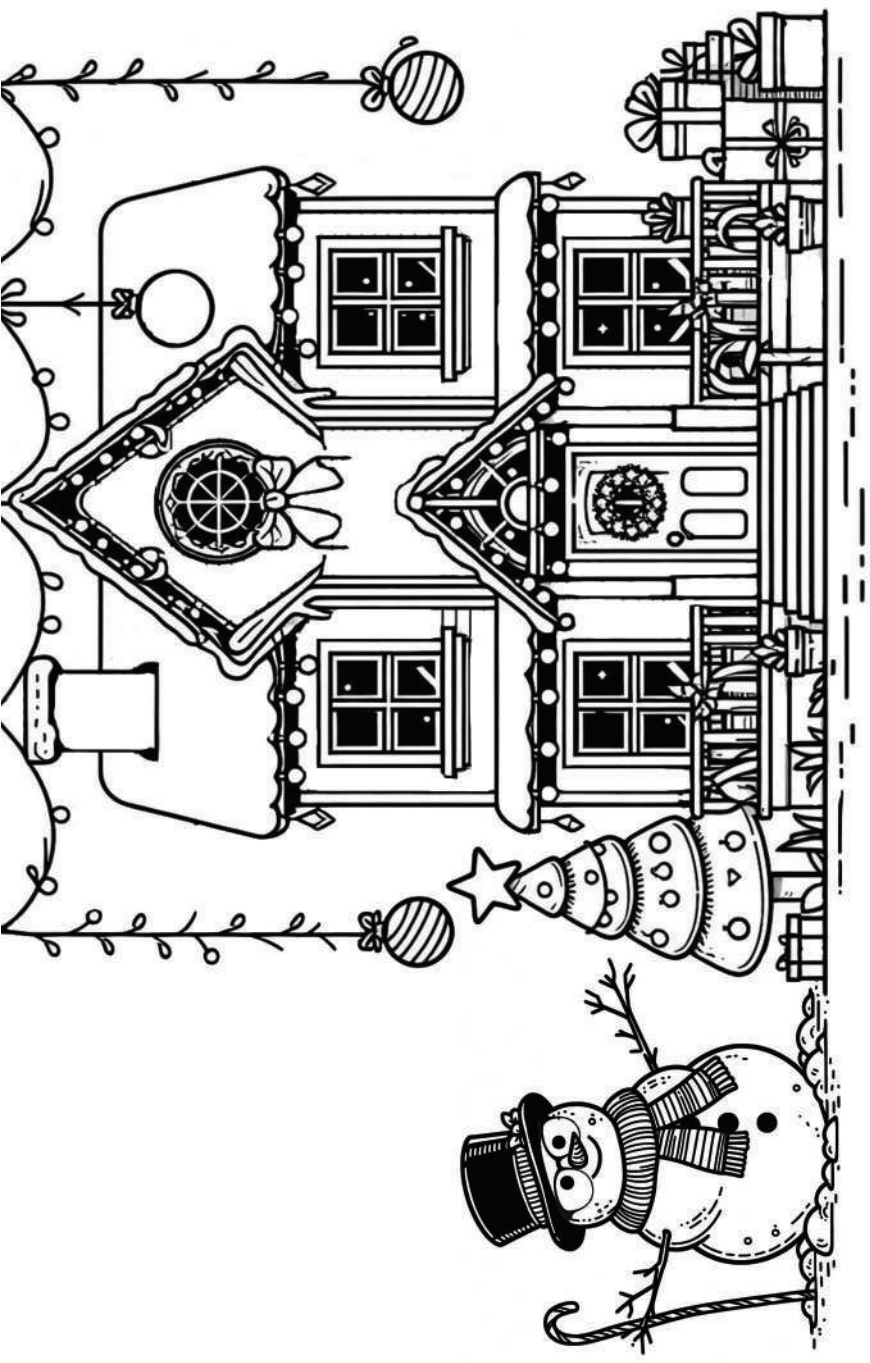
-Sparkle the Snowman

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