

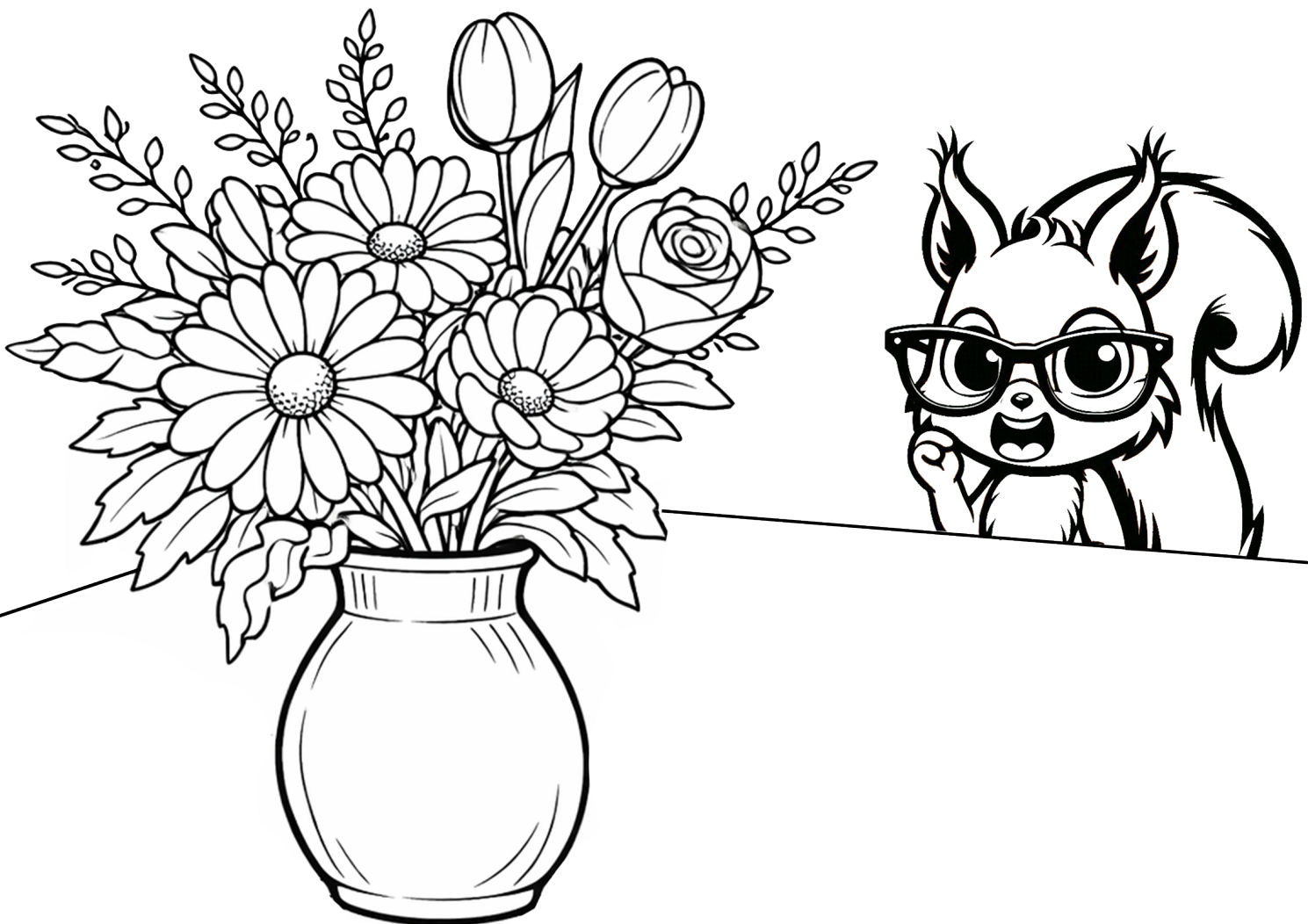
Iris' Birthday Celebration

Hello there! Have you met Iris the squirrel?

Last year, children just like you helped Iris visit the eye doctor and get a brand-new pair of eyeglasses. With her eyeglasses, Iris is able to keep going to school, improve her grades and play with her friends.

Today, she's back from school and getting ready to plan her birthday party.

**On the table are some fresh spring flowers her mom set out.
Let's colour them and get started.**



COLOUR THE FLOWERS

Spring 2026

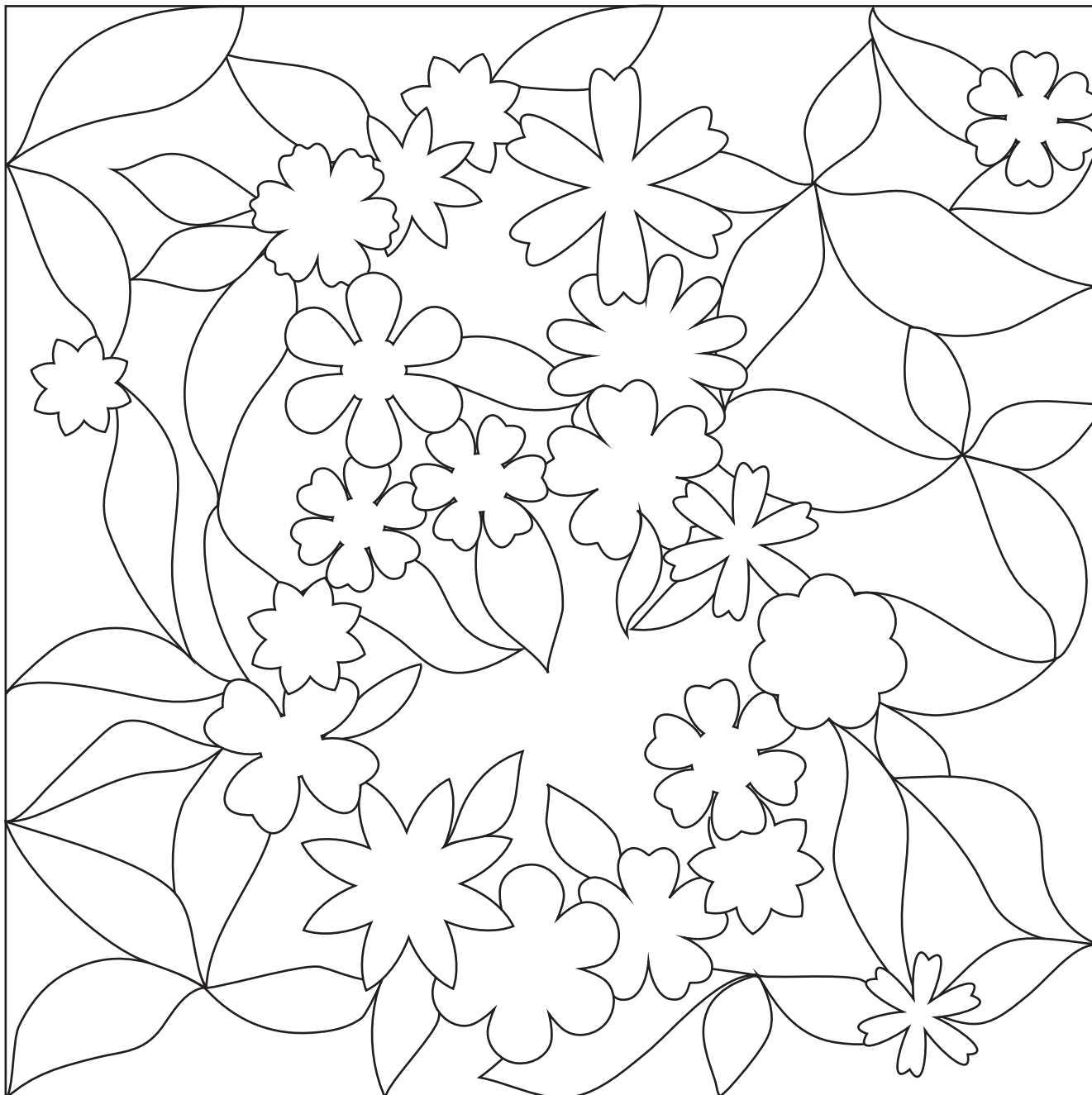
operationeyesight.com

 OPERATION
EYESIGHT
UNIVERSAL

At the table, Iris and her mom are beginning their planning.
But first, do you want to know how old Iris is?

**Look closely at the picture below. Can you find the flowers?
Paint the flowers red, orange and yellow, and paint the leaves green.**

When you finish colouring, the number that appears will show Iris' age.



PAINT BY SHAPE

Did you know? Around the world, more than 450 million children have an eye condition that needs treatment. Many simply need an eye exam and a pair of eyeglasses to see clearly.

You got it! Iris is turning eight years old. Her birthday is on the 15th. She wants to have the party in her backyard on a day when she doesn't have school or after-school activities.

Look through Iris's calendar and find the perfect day for her party.

MONTHLY PLAN

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7 Swim lesson	8	9 Music lesson	10	11
12 Grandma's visit	13	14 Swim lesson	15 Iris' birthday	16	17 School play practise	18
19	20	21 Swim lesson	22	23 Music lesson	24	25
26	27	28 Swim lesson	29	30		

Sunny

Partially sunny

Cloudy

Windy

Snowy

Rainy

Write down all the days Iris is free and the weather is perfect for outdoors.

Which are the two days closest to Iris' birthday?

Out of the two, pick the one that is best to host the party.

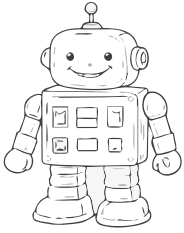
PICK A DAY

Did you know? When children get their eyes checked at school, eye problems can be found early. With clear vision, students can see the board, join in class and feel confident about learning.

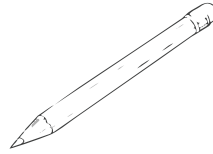


Now that Iris has picked the date and the place, it's time to choose a party theme. Below are some of Iris's favourite items. Help Iris choose a theme.

Spell the names of all the items shown below first.



____ _
 2



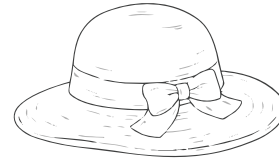
____ _ N ____
 5



____ _ Y ____ _ R ____ _



____ _ P ____ _
 3



____ _ T ____ _



E ____ _ L ____ _
 6



H ____ _
 4



____ _ O ____ _
 1

To find the theme, look at the numbers under each square and write the letters in order here:

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
1	2	3	4	5	6	7	8

FIND THE THEME

Did you know? When children see well, life gets easier for their families. When children can be at school, their parents can spend more time working and caring for the household.

I love my eyeglasses. They help me see everything clearly.

But some kids don't have money to get eyeglasses, and that can make school really hard.

Hey... I have an idea. For my birthday, I'll ask my friends to bring money to donate.



That's a wonderful idea, Iris!

Operation Eyesight helps children get the eye care and eyeglasses they need.

Your gift can help other kids see clearly too.

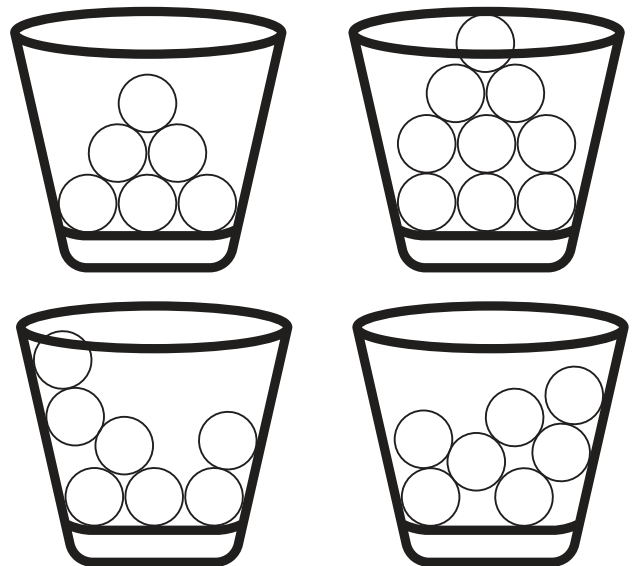


Iris is excited about her idea. She wants to help a child get eyeglasses and see clearly.

One pair of eyeglasses costs \$20. Four of Iris's friends are coming to the birthday party. If her friends work together to raise the \$20, how much does each friend need to bring?

To figure it out, look at the four glasses on the right. Colour one coin in the first glass, then one in the second, third and fourth. Keep colouring in this order until you've coloured 20 coins.

Now count the coins in one glass. That number is how much each friend should bring.



HOW MUCH TO GIVE

Did you know? Your kindness can create a ripple effect.

A \$20 donation can help a child get eyeglasses, which can support the child, their family and their community. Learn more at operationeyesight.com.



It's time to design the invitation. Can you help Iris complete it?

Color the decorations on the card. Then fill in the blanks by choosing the correct answer from the options in brackets.

Date: March _____ [5 | 18 | 26]
Time: 2:00 PM
Place: Iris' _____ [School | Backyard | Gym]

Hi friends,

I love my _____ [eyeglasses | shoes | hat]!
They help me _____ [see | eat | sleep] clearly.

Some children can't see well and don't have eyeglasses.
So, for my birthday, please bring \$_____ [5 | 10 | 20] with you.

Together, we can _____ [surprise | help | share] a child
get a pair of eyeglasses and see clearly again!

Can't wait to celebrate with you!

Love,
Iris

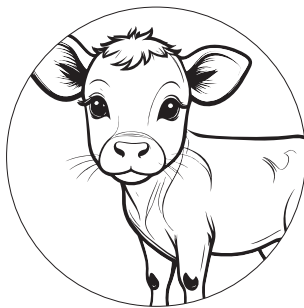
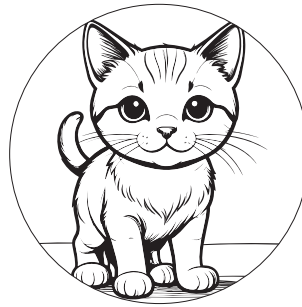
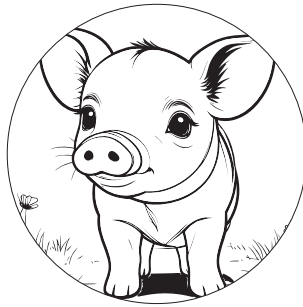
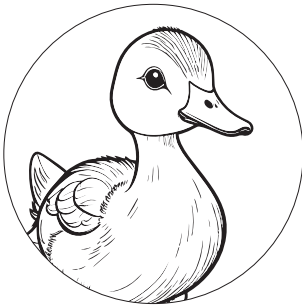
FILL IN THE BLANKS

Did you know? A gift of \$20 can help a child in Africa or South Asia get the eyeglasses they need. Learn how you can help. Visit operationeyesight.com/how-you-can-help or scan the QR code



The invitation is sent out and Iris is making the final guest list.
Some of her friends can come, and some are busy.

Look at each of Iris's six friends and read what they are saying.
Listen to the animal sound and match each animal to the right message.
Colour the friends who say they can come to the party.
When you're done, count how many friends said "Yes."



MATCH THE SOUND

Did you know? Washing hands often and gently cleaning around the eyes with a clean cloth can help protect eyes and prevent infections.

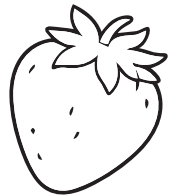


The guest list is complete. Now it's time to prepare the goodie bags that Iris's friends can take home after the party. Iris wants to make sure everything in the bag is healthy and good for their eyes.

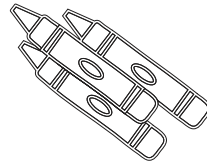
Below are four groups of items. In each group, only one item is healthy for the eyes. Circle the healthy item in each group so Iris can put it in the goodie bag.



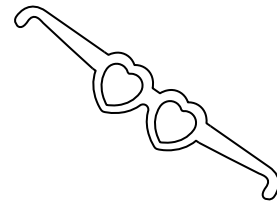
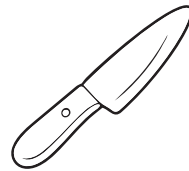
Eating fruits and vegetables is good for our eyes.



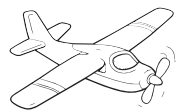
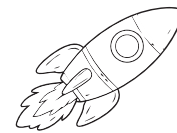
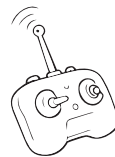
Taking breaks from screens is very important.



Choosing soft toys instead of sharp ones helps keep our eyes safe.



Toys that go fast or fly can be tricky, so let an adult help you use them safely.



FILL THE GOODIE BAG

Did you know? Healthy eyes need healthy foods. Colourful fruits and veggies like carrots, leafy greens and berries help keep eyes strong.

Let's decorate the backyard.

At the bottom of the page are four items Iris wants to place in her backyard. Help Iris decide where each item should go.

Follow the path from each item to see where it ends up.



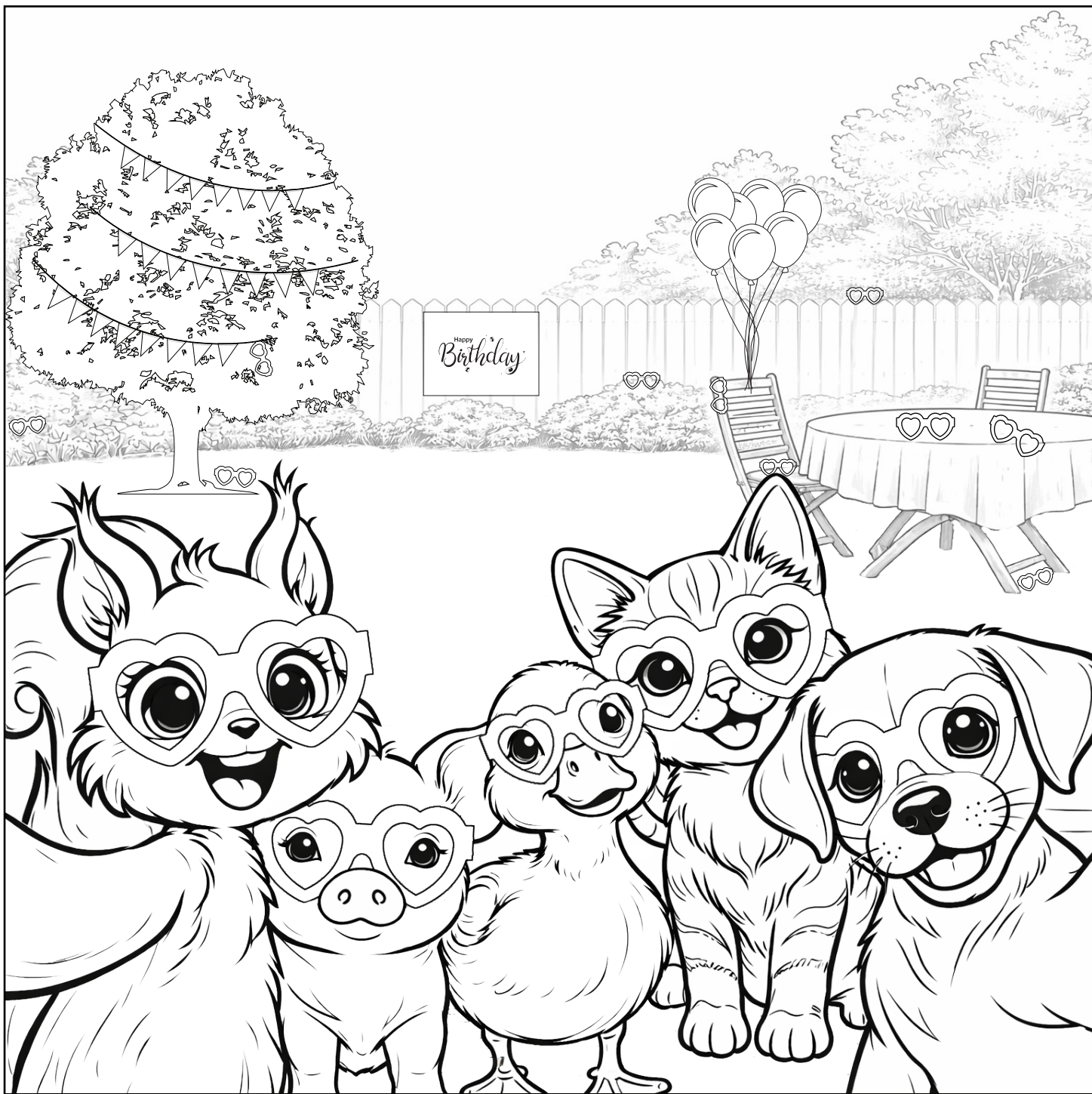
FIND THE WAY

Did you know? In many places, children don't have regular access to eye care. Our school eye health programs help make sure every student gets their eyes checked and receives help when they need it.



Iris' friends have all arrived for the party.
Iris gives each friend a pair of paper eyeglasses to wear.

They take a fun selfie together. In the picture below,
there are 15 pairs of eyeglasses. Can you find all 15?



I SPY

Did you know? Playing outside is good for your eyes.
Next time you're outdoors, invite a friend to play a game of "I Spy."

At the party, Iris chooses a fun game. She loves playing Pin the Tail on the Donkey, but she wants the game to match her theme.

Iris says, "I've got it. Let's put eyeglasses on the donkey instead."

With the help of an adult, cut out the eyeglasses from the back of this page. Choose your favourite pair, colour them and place them on the donkey.



PIN THE EYEGLASSES

Did you know? Our school eye health programs help students get their eyes checked. In 2024, Operation Eyesight helped more than a quarter-million children get eye screenings.



MEET FASSIKAW

Eight-year-old Fassikaw lives in Ethiopia. He attends a local primary school and loves learning new things. In 2024, he began having trouble seeing things far away.

Reading books and the blackboard became hard. When he sat in the middle or back of the classroom, he couldn't see the words clearly, so he often borrowed classmates' notebooks to copy notes.

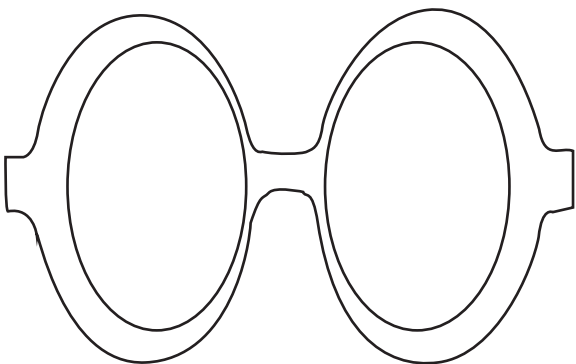
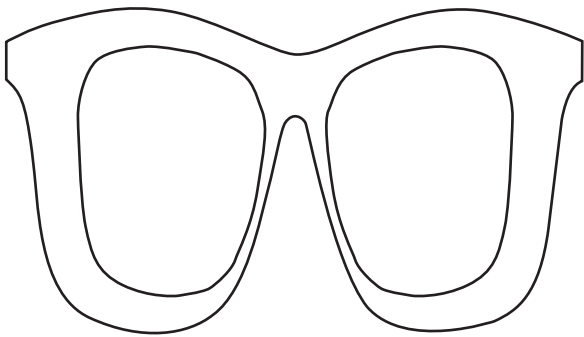
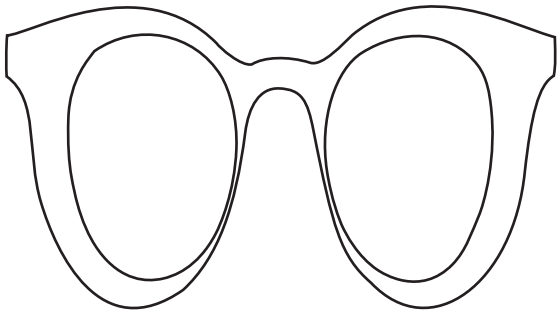
At home, reading took him a long time. His eyes often watered, and his grades began to drop. More than his grades, his parents worried about his worsening vision and the way it was affecting his mood and sleep. Fassikaw even spoke about leaving school.

Then the family heard about a School Eye Health Program in their community. The program checks students' eyes and provides eyeglasses to those who need them.

Fassikaw's family took him to the hospital, where his eyes were tested. The eye-care team found he needed strong eyeglasses. Thanks to the program and generous donors, he received a new pair at no cost.

With his new glasses, Fassikaw can see the board from anywhere in the classroom. He reads comfortably at home, and his schoolwork is improving. His grades have already risen, and he feels proud and confident again.

Today, Fassikaw enjoys learning, reading and playing, all with clear vision.



After the selfies and games, Iris is ready to cut her birthday cake. She blows out the candles and makes a wish. Can you guess what she is wishing for?

Unscramble the words below.



1. EHT

2. TCNESTO

3. ORNCA

4. NWI

5. TGNHEAIRG

Now place the words in the correct order to make Iris's wish.

UNSCRAMBLE THE WORDS

Did you know? About 80 per cent of learning happens through sight. Vision problems can affect how a child learns, plays and feels each day.



After the party, Iris opens her gifts.

All her friends brought money for the fundraiser. Some friends brought both money and a gift, and some brought a little more than Iris asked for.

Iris wants to count all the money so she can make her donation.

Below is how much each friend brought.

Help Iris add them up.

Buddy the dog gave Iris \$5 and a pair of binoculars for spotting birds.

Mittens the cat brought \$10. \$5 as a gift for Iris and \$5 for the donation.

Penny the pig gifted a bag of berries and \$10.

Bubbly the duck added \$10, including \$5 as a gift for Iris.

Rusty the rooster couldn't come, but he sent \$5 with Buddy.

What is the total amount?

_____ + _____ + _____ + _____ + _____ = _____

Iris added \$10 too. What is the new amount?

_____ + 10 = _____

It costs \$20 for a pair of eyeglasses.

How many children can Iris help with the money she collected?

_____ / _____ = _____

Thanks to all her friends, Iris had a wonderful birthday filled with games and laughter. But the best part came afterward. Iris' mother donated the money Iris collected so that other students like her can get eyeglasses and see clearly.

By celebrating and giving, Iris showed that a little kindness can make a big difference.

Take care of your eyes, have fun with friends and remember, helping others is the best gift of all.



COUNT THE MONEY

Did you know? \$20 can help a child get the eyeglasses needed to see clearly. A monthly gift of \$20 can help 12 children see, learn and thrive. Learn more at operationeyesight.com/schooleyhealth

